

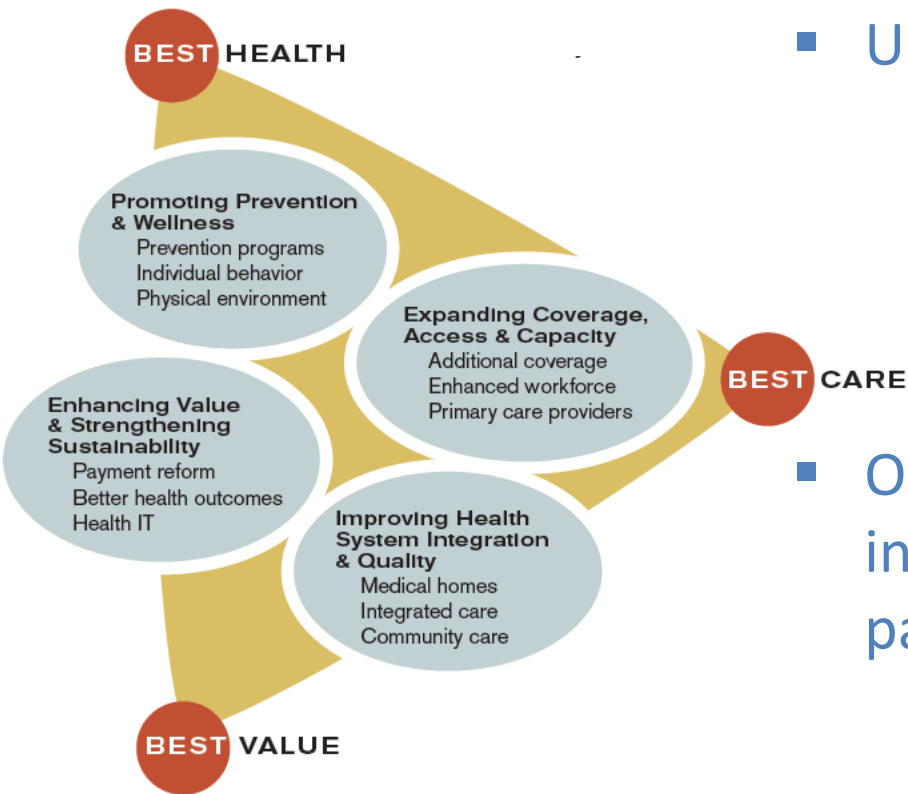
The State of Health:

COLORADO'S COMMITMENT TO BECOME THE HEALTHIEST STATE

Office of Governor John Hickenlooper
May 2013



OUR VISION: COLORADO IS THE HEALTHIEST STATE



- Understanding what impacts health

- ▲ Health is interdependent with education, economy, and environment

- Our success is dependent on individual engagement and strong partnerships

- ▲ Public, private, and nonprofit sector



Strengths

Colorado has long had the **lowest obesity rate** in the nation and has the **second lowest rate of diabetes**.

Low rates of tobacco use

mean Colorado fares better than many other states.

Colorado is ranked **#6 or higher**

for five of the six key areas surveyed:

life evaluation, emotional health, work environment, physical health & healthy behaviors.

For overall well-being,

Colorado is ranked #2, up from #6 last year and a "low" of #10 in 2009.³³

Colorado ranks **#1 in physical health**, and we are among an elite set of states that have showed sustained excellence over five years.³⁴

Challenges

Colorado ranks **23rd** among all states in the

proportion of children who are overweight or obese.²⁸

Our childhood obesity growth rate is 2nd fastest in the nation.

Colorado's rate of

suicide among

adolescents (age 15-19),

is **8th highest** in the nation.

Coloradans with **incomes**

below the state average

are more likely to be in **poor or fair health**,

show greater rates of **smoking**,

and **do not get regular**

physical activity.³⁰

GAINING MOMENTUM AS THE HEALTHIEST STATE

■ Build upon our strengths

🏔️ Health & Wellness Economy

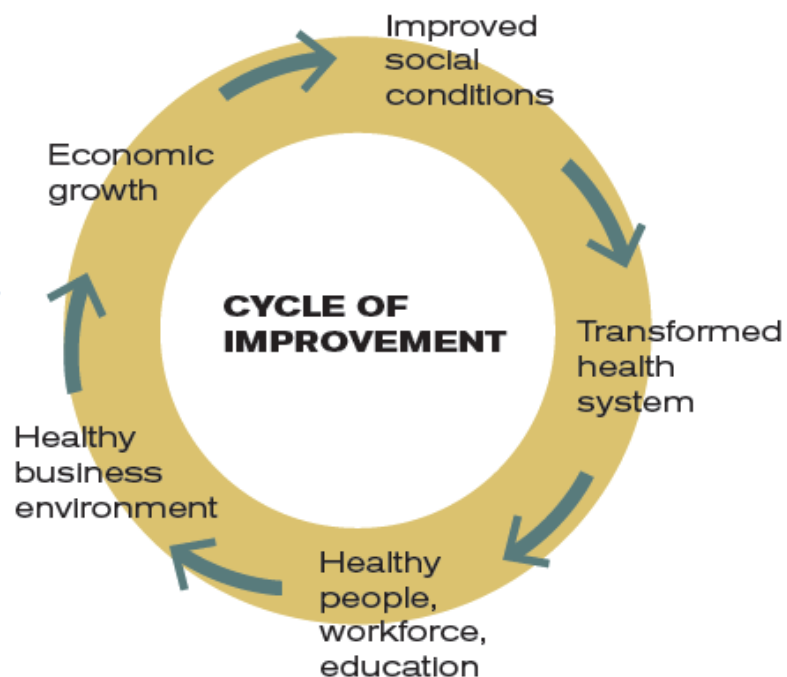
- ◆ 311,000 health workers in 16,000 businesses
- ◆ Collectively earn \$16.4 billion payroll

🏔️ Health Infrastructure

- ◆ Employers interested in our healthy workforce
- ◆ More than a decade of crucial health investments

🏔️ Commitment to Collaboration

- ◆ Leaders in health reform



OUR FRAMEWORK

■ Four Focus Areas

- ▲ Promoting Prevention & Wellness
 - ◆ Helping individuals stay healthy or become healthier
- ▲ Expanding Coverage, Access & Capacity
 - ◆ Ensuring individuals can access care at the right time and the right place
- ▲ Improving Health System Integration & Quality
 - ◆ Eliminating barriers to better care and improving person-centered care
- ▲ Enhancing Value & Strengthening Sustainability
 - ◆ Redesigning financial incentives and infrastructure to promote quality and value, not volume

■ Measuring Progress & Tracking Results

- ▲ 18 core initiatives
- ▲ 15 metrics and targets



PROMOTING PREVENTION & WELLNESS

Improve the health of Coloradans by increasing **awareness**, building individual **engagement**, and encouraging personal **responsibility**

- **Initiative 1: Tackle Obesity Among Youth and Adults**

- ▲ Prevent **150,000** Coloradans from becoming obese
- ▲ Improve support for bicycling and grow **Pedal The Plains**

- **Initiative 2: Support Improved Mental Health**



PROMOTING PREVENTION & WELLNESS

- **Initiative 3: Support Reductions in Substance Abuse**
 - ▲ Prevent **92,000** Coloradans from misusing Rx drugs
- **Initiative 4: Improve Oral Health**
 - ▲ Increase fluoridation and ensure **7,500** more Colorado children visit a dentist before age one
- **Initiative 5: Encourage Wellness Among State Employees**
 - ▲ Provide health risk assessments and programs for chronic disease prevention and management



EXPANDING COVERAGE, ACCESS & CAPACITY

Efforts to improve **access** to health insurance and healthcare providers, particularly in Colorado's **rural and underserved areas**

- **Initiative 1: Expand Public and Private Health Insurance Coverage**
 - ▲ Reduce the number of uninsured by 520,000
- **Initiative 2: Strengthen Colorado's Health Workforce**
 - ▲ Modernize our health workforce and prepare for future needs
- **Initiative 3: Close Gaps in Access to Primary Care and Other Health Services**
 - ▲ Support telehealth capability; recruit and retain providers to serve rural and underserved areas



IMPROVING HEALTH SYSTEM INTEGRATION & QUALITY

Improve the systems that deliver care, because at the heart of many problems in Colorado's health system are **inefficiency and fragmentation**



- **Initiative 1: Expand use of Patient-Centered Medical Homes**

- ▲ Using the Accountable Care Collaborative (ACC), connect **555,000** to a patient-centered medical home

- **Initiative 2: Support Access to State Information and Services**

- ▲ Facilitate interagency data-sharing agreements



IMPROVING HEALTH SYSTEM INTEGRATION & QUALITY

- **Initiative 3: Support Better Health Through Integration**

- ▲ Integrate physical and behavioral health systems, and align with public health, oral health, and long-term services and supports

- **Initiative 4: Improve Access to Community-Based Long-Term Services and Supports**

- ▲ Transition **500** individuals from long-term care institutions to community settings of their choice



ENHANCING VALUE & STRENGTHENING SUSTAINABILITY

Our final focus area is to **drive value and efficiency** in state agencies and in the private sector, which will enable Colorado to deliver **higher quality care at a lower cost**



- Initiative 1: Achieve Cost Containment in Medicaid

- ▲ Reduce Medicaid costs by \$280 million



ENHANCING VALUE & STRENGTHENING SUSTAINABILITY

- Initiative 2: Advance Payment Reform in the Public and Private Sectors
 - ▲ Develop pathways for sustainable payment reform
- Initiative 3: Invest in Health Information Technology
 - ▲ Ensure most Coloradans are served by providers using Electronic Health Records and Health Information Exchange



ADDITIONAL INFORMATION

- Full report: www.colorado.gov/stateofhealth
 - ▲ Continuing commitments and future opportunities
 - ▲ Highlights of key partners initiatives
 - ▲ Details of metrics and targets
 - ▲ Additional resources

- Contact Information

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