

# Colorado's State of Health: Progress Scorecard

In 2013, Governor Hickenlooper set the ambitious goal of becoming the healthiest state in the nation. The Governor's plan, *The State of Health*, set specific targets that measure the state's progress along four major focus areas: a) Expanding coverage, access and capacity b) Enhancing value and strengthening sustainability c) Improving quality and system integration and d) Promoting prevention and wellness. Over time the tracking for these targets migrated to the Governor's Dashboard and Department Performance Plans, and is now presented here in summary form. The state has achieved 11 of 15 goals, and in most instances gone well beyond the original goal, but work remains for Colorado to truly become the healthiest state in the nation.

## Legend

- ✔ Achieved target
- ⬇ More work needed to achieve target

### Focus area: Expanding Coverage, Access & Capacity

#### Initiative: Expand Public and Private Health Insurance Coverage



**Colorado achieved coverage goal as uninsured rate reached historic low of 6.7% in 2015**

- Target of 520K achieved with nearly 600K Coloradans covered under Connect for Health Colorado and Medicaid expansion

**Colorado continues to increase coverage and affordability through various initiatives, including:**

- Reinsurance program for the individual market under development
- Legislation developed to address underlying drivers of health costs

#### Initiative: Strengthen Colorado's Health Workforce



**Colorado is working to increase the number of communities that have enough primary care physicians to deliver optimal care, with initiatives such as:**

- \$10M funding increase for programs that help providers who care for rural and underserved communities to pay off student loans
- Development of a health system/workforce directory supporting better community needs assessment and practice incentive resource allocation

**In addition to driving access to care, Colorado is developing a strategic plan to increase diversity in the oral health workforce**

#### Initiative: Close Gaps in Access to Primary Care and Other Health Services



**Colorado has achieved goal of increasing number of providers in underserved areas, while also improving internet access for rural communities**

- Colorado Health Service Corps has recruited and retained over 550 providers since 2013, far exceeding the target of 148 by 2015
- Technology has progressed such that the original goal of providing access to the Colorado Telehealth Network for 400 hospitals, clinics and other providers is less meaningful; meanwhile, Colorado has worked to provide three quarters of rural communities with broadband access

**Increased investments in family planning services have contributed to a more than 50 percent decline in teen birth rates and abortion rates**

## Focus area: Enhancing Value & Strengthening Sustainability

### Initiative: Achieve Cost Containment in Medicaid



Colorado Medicaid has saved nearly \$280M since 2013, meeting 2023 goal

- By the end of 2018, savings are expected to top \$350 million
- Department of Health Care Policy and Financing is redesigning the ACC program to achieve even better cost containment and patient outcomes

### Initiative: Advance Payment Reform in the Public and Private Sectors



Colorado is driving payment reform initiatives for Medicaid as well as private insurers

- Seven different health insurers are advancing value-based purchasing of health care by participating in payment reform initiatives like the State Innovation Model or the Colorado Primary Care initiative
- Hundreds of SIM practices are supported by at least one payer in a value-based payment model
- Through the multipayer collaborative, health insurers are working together to promote value based purchasing

### Initiative: Invest In Health Information Technology



Colorado has achieved substantial health IT goals

- All Coloradans are served by at least one provider who meets meaningful use standards of EHRs, exceeding target
- More than 4M people covered by an integrated Health Information Exchange infrastructure, exceeding target of 3.8M

## Focus area: Improving Quality & System Integration

### Initiative: Expand Use of Patient-Centered Medical Homes



Colorado's Accountable Care Collaborative (ACC) program has connected 758,406 people with patient centered medical homes, exceeding the target by 200,000

### Initiative: Support Access to State Information and Services



All State agencies and many nongovernmental partners have data sharing agreements, meeting target

The Governor created the Office of eHealth Innovation and the eHealth Commission to guide the State's data sharing and coordinate state agency work on expanding the use of health information technology

### Initiative: Support Better Behavioral Health Through Integration



Colorado programs are succeeding in integrating behavioral health with primary care

- The State Innovation Model is providing direct support to 400 primary care practices, 1/3 of all primary care practices in the state, to integrate behavioral and physical health
- Colorado Medicaid is improving upon its ACC program to reduce barriers to integration
- Medicaid and six private health insurance companies have pledged support for behavioral health integration

### Initiative: Improve Access to Community-Based Long-Term Services and Supports



From 2014-2017, the Colorado Choice Transitions Program has helped 375 individuals transition to community based programs, near miss of target of 100 per year

- Department of Health Care policy and Financing anticipates transitioning an additional 220 individuals by the end of 2018

## Focus area: Promoting Prevention & Wellness

### Initiative: Tackle Obesity Among Youth and Adults



- Colorado maintains one of the lowest adult obesity rates in the nation, however 2016 data misses target**
- From 2013 to 2016, adult obesity has increased by just 1 percentage point, to 22.3%
  - While participation and investment goals in Pedal the Plains have missed targets, the state supported the commitment of \$100M across multiple funding sources for cycling infrastructure, safety and education, including the Colorado 16 which will address the 16 most important trail gaps in the state
  - In 2015, Colorado was ranked 7th most bike friendly state in the nation, missing target of #1; however, this ranking occurred before a number of the significant steps noted above

**Colorado is leading several initiatives, focused on:**

- Diabetes prevention and providing Early Childhood Obesity Prevention educational materials
- Promoting healthy hospitals

### Initiative: Support Improved Mental Health



- Colorado has achieved goal of identifying opportunities to better measure effectiveness of behavioral health care, allowing for problem solving and new programs**
- As part of its dashboard and C-Stat program, the Department of Human Services tracks several key measures on the behavioral health care and outcomes
  - Hundreds of practices participate in State Innovation Model, which integrates mental health and substance abuse disorder care with primary care
  - State launched a mental health crisis hotline and a statewide crisis service system

**Beyond achieving the original goals, Colorado has:**

- Begun expanding crisis services system
- Participated in Colorado National Collaborative to help lower suicide rate

### Initiative: Support Reductions in Substance Abuse



- Rate of misuse of prescription drugs has dropped in recent years, but not enough to meet target**
- Between 2011 and 2014, CO's rate of misuse of prescription drugs dropped from 6% to 4.9%, not yet achieving target
  - Opioid-related deaths tripled from 2000 to 2015

**State agencies are supporting the work of the legislature and participating in the Colorado Consortium for the Prevention of Prescription Drug abuse**

### Initiative: Improve Oral Health of Coloradans



- Colorado is working to improve prevention of oral disease, meeting one target but missing another**
- 7,500 kids under the age of one have seen a dentist since 2013, meeting target
  - Although target of 72% of community water systems with optimal fluoridation was not achieved, 74% of Coloradans are served by public water systems with appropriate fluoridation

**Colorado is driving several initiatives, including:**

- Increasing # of providers trained to keep kids cavity free by age 3
- Increasing # of people served by fluoridated water

### Initiative: Encourage Wellness Among State Employees



- Colorado achieved goals around state employee wellness**
- Target of 50% achieved with 73% of employees having completed a health assessment since the inception of the program
  - Target of 20% achieved with 31% of employees in need of disease management programs having participated in these programs

**Colorado is expanding employee participation in weight and stress management programs such as Real Appeal and Moment Health**

*Note: Progress assessed based on current status of goal achievement as of this progress scorecard; original timings varied from 2014 to 2023.*